

Play our FUN fitness games and challenges.

- Compete with your team in our specially designed obstacle-style games.
- Work to improve your speed, agility, strength, balance and cardio.

Find out how to CHASE YOUR DREAM.

- Discover your passion.
- Make friends and build your team.
- Develop the grit to overcome any obstacle or challenge.

CALLING ALL 3RD-5TH GRADE BOYS!

X2F
XCEL
FITNESS



JOIN THE TEAM AND ROCK THE SEASON!

DAYS

TUES & THURS

TIMES

3:30-4:45

1 HOUR SESSIONS - 2 SESSIONS A WEEK - 6 WEEKS

START
WEEK

APRIL 8th

END
WEEK

MAY 13th

12 SESSIONS

- + X2F t-shirt
- + X2F wrist band
- + 12 session cards
- + drawstring bag
- + head band
- + bonus item
- + dog tag
- + the END event

SCHOOL FEE

\$140 per child

*siblings discount
available

QUESTIONS? Contact elisabethg@x2f.org 513.486.6265

x2f.org/register

LEARN MORE * ASK QUESTIONS * CONTACT US

+ ADDITIONAL SCHOLARSHIPS ARE ALWAYS AVAILABLE