

# Greater Cincinnati Insurance Consortium

How To Take Control Of Your Health Care Costs!

## Understanding Your Medical Plan

### Get to know your plan

Make sure you understand some key facts about your plan so you know what to expect when you need care.



### 1 Review your Medical Plan Summary

The Plan Summary provides information about how your medical services will be covered, based on the type of service you seek. This document contains much of the information you need to make smart healthcare decisions. Know:

- What is your deductible, both for individuals and family?
- What types of services are not covered?
- What is your out of pocket max?
- What is the cost for an Office visit?
- What is the cost for an ER visit?
- How are prescriptions covered?

### 2 Get to know your plan

The Anthem website is a great resource to get to know your plan and understand how to use it. On the site, you can find:

- A directory of in-network providers
- Cost Estimator tool to compare cost for services
- Where you stand in meeting your annual deductible
- Past explanation of benefits
- Anthem Member Resources and discount programs, such as saving on your monthly gym membership!

### 3 Know how to contact Anthem with questions

Your Anthem member ID card has the customer service phone number to contact with questions. You will need to have your member identification number when contacting customer service.

#### Notes:

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