

Madeira School Health Advisory Council

MISSION STATEMENT

Healthy students are better learners. The Madeira School Health Advisory Council (SHAC) will utilize collaboration through school staff, families, agencies, and other interested community members to positively impact health attitudes and behaviors.

HISTORY & PURPOSE

In 2004, a group of Madeira parents and staff met to address growing concerns about the health of our children. With guidance from the Greater Cincinnati Alliance for Health Promotion and Hamilton County Public Health, the group evolved into the Madeira School Health Advisory Council (SHAC).

The Madeira SHAC's purpose is to provide advice to the District on aspects of school health utilizing the Coordinated School Health model, which addresses the following eight components:

- ✓ Health Education
- ✓ Health Services
- ✓ Healthy School Environment
- ✓ Family/Community Involvement
- ✓ Physical Education
- ✓ Nutrition Services
- ✓ Counseling, Psychological & Social Services
- ✓ Health Promotion for Staff

The best learning takes place in healthy environments that emphasize physical, mental, and social wellness.

–Madeira SHAC
Statement of Philosophy
2005

SHAC in ACTION

- Walk to School Day in October and April.
- Healthy Breakfast Program during Ohio Graduation Test week.
- Kids Flying Pig Marathon program.
- *Healthy Birthday & Classroom Party Snack Suggestions.*
- Vegetable Tasting Tuesdays at MES.
- National Nutrition Month, TV Turn Off Week, Soda-Free Week.

SHAC MEMBERS

Kenji Matsudo, *Assistant Superintendent*

Hollis Bass, *Chair, Parent*

Synda Bernicke, *Instructional Aide, Parent*

Kimberly Gelhaus, *Parent*

Jeanne Gulick, *Physical Education*

Gerry Levy, *Milford Nutrition Services*

Rick Rockwell, *Physical & Health Education*

Robin Wagner, *Parent*

