

# Madeira City Schools Health Advisory Council

## MISSION STATEMENT

Healthy students are better learners. The Madeira School Health Advisory Council (SHAC) will utilize collaboration through school staff, families, agencies, and other interested community members to positively impact health attitudes and behaviors.

## HISTORY & PURPOSE

In 2004, a group of Madeira parents and staff met to address growing concerns about the health of our children. With guidance from the Greater Cincinnati Alliance for Health Promotion and Hamilton County Public Health, the group evolved into the Madeira School Health Advisory Council (SHAC).

The Madeira SHAC's purpose is to provide advice to the District on aspects of school health utilizing the Coordinated School Health model, which addresses the following eight components:

- Health Education
- Health Services
- Healthy School Environment
- Family/Community Involvement
- Physical Education
- Nutrition Services
- Counseling, Psychological & Social Services
- Health Promotion for Staff

## SHAC in ACTION

- Walk to School Day in October and April
- Healthy Birthday & Classroom Party Snack Suggestions
- Vegetable Tasting Tuesdays at MES
- National Nutrition Month, TV Turn Off Week, Soda-Free Week

## SHAC MEMBERS

- Dave Bergan, Assistant Superintendent
- Synda Bernicke, Co-chair, Educational Assistant, Parent
- Phoebe Wallace, Co-chair, Dietician, Parent
- Chris Stewart, Physical Education, Parent
- Gerry Levy, Milford Food Service
- Rick Rockwell, Physical Education & Health Education, Parent
- Katie Naegeli, Fourth grade teacher and parent

***The best learning takes place in healthy environments that emphasize physical, mental, and social wellness.***

– Madeira SHAC  
Statement of Philosophy  
2005

